The Hampden Hippocrat

September 1978

TOM E. NESBITT, M.D.
President
AMERICAN MEDICAL ASSOCIATION

Don't let your money just sit there!

Member F.D.I.C.

Put it to work.

6 year
Saving Certificate
7.50% yields **7.90%**
Minimum deposit
$1,000

4 year
Saving Certificate
7.25% yields **7.63%**
Minimum deposit
$1,000

2½ to 4 year
Saving Certificate
6.50% yields **6.81%**
Minimum deposit
$500

1 to 2½ year
Saving Certificate
6% yields **6.27%**
Minimum deposit
$500

If you withdraw funds prematurely from a time deposit account, federal rules require that on the withdrawn amount three months' interest be forfeited and the rest of the interest be reduced to the passbook rate.

third national bank
We know how to help.

HAMPDEN DISTRICT MEDICAL SOCIETY

1414 STATE STREET
SPRINGFIELD, MASS. 01109
Telephone: 736-0661

VIVIAN M. PURDY
EXECUTIVE SECRETARY

MARIE SANTOS
OFFICE SECRETARY

OFFICERS

JOHN J. FLAHIVE ..... PRESIDENT
FRANCO NAVAZIO ..... VICE PRESIDENT-PRESIDENT ELECT
PHILIP B. STODDARD ..... SECRETARY
WILLIAM WALTHALL ..... ASSISTANT SECRETARY
JOHN R.S. REMSBERG ..... TREASURER

DEMOSTHENES D. DASCO ..... EXECUTIVE COUNCILOR

EXECUTIVE COMMITTEE

JOHN J. FLAHIVE	EX-OFFICIO	ROCCO A VERRILLI
FRANCO NAVAZIO	EX-OFFICIO	JOHN R.S. REMSBERG
PHILIP B. STODDARD	EX-OFFICIO	BERNARD BLOOM
THOMAS G. MAGILL	1979	ECKART SACHSSE
DEMOSTHENES D. DASCO	1980	JAMES G. FITZPATRICK
LOUIS A. CORSARO	1981	JOHN J. ZADWORNY

CHAIRPERSONS OF COMMITTEES

HOWARD P. KENNEDY ..... AUDITING
KULIN M. SHAH ..... BLUE SHIELD DISTRICT PROFESSIONAL SERVICE
HARRY N. MEMERY ..... BY-LAWS
NORMAN EPSTEIN ..... MEDIATION
STANLEY J. SWIERZEWSKI ..... INSURANCE LABOR RELATIONS AND INDUSTRIAL ACCIDENT
RICHARD J. MILLER ..... LEGISLATIVE
ROBERT J. BYE ..... MALPRACTICE, MEDICAL LEGAL AFFAIRS
GARRY DEN. HOUGH, III ..... MEDICO-RELIGIOUS
LORNE C. SMITH ..... MEMBERS' INSURANCE
JAMES G. FITZPATRICK ..... NOMINATING
AARON M. LEAVITT ..... PEER REVIEW
PAUL M. BOTHNER ..... PUBLIC HEALTH
WILLIAM B. COEN ..... SCHOLARSHIP
LOUIS A. CORSARO ..... TAX SUPPORTED MEDICAL CARE
ROBERT A. SEARS ..... AUXILIARY

COUNCILORS

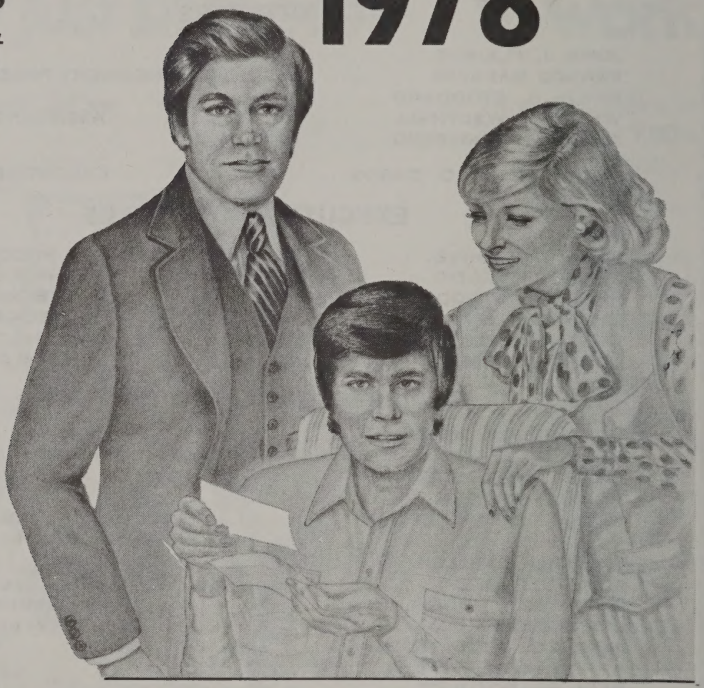
JAMES D. ALLAN	EX-OFFICIO	ALLAN S. JOHNSON
JOHN C. AYRES	EX-OFFICIO	PAUL T. MOORE
GARDNER COX, II	EX-OFFICIO	LORNE C. SMITH
JOHN J. FLAHIVE	EX-OFFICIO	PHILIP B. STODDARD

BERNARD BLOOM — ALTERNATE LEGISLATIVE
SAMUEL J. BRENDLER — PUBLIC RELATIONS
JOHN J. BURKE — SUPERVISORY CENSOR
DEMOSTHENES D. DASCO — EXECUTIVE
GARRY N. HOUGH — ALTERNATE NOMINATING
RICHARD J. MILLER — LEGISLATIVE
BRUCE B. STOLER — NOMINATING
ROCCO A. VERRILLI — ALERNATE EXECUTIVE

MALCOLM S. ALLAN
RAYMOND J. ANTON
EUGENE G. BOSS, JR.
FRANKLYN H. CARRINGTON
LOUIS A. CORSARO
RALPH E. GIANELLY
CHARLES J. LEAGUS, JR.
AGOSTINO NATALE
D. SEAN RESTALL
JAMES G. RICH
FRANCIS J. RILEY
ERIK A. ROSENTHAL
MICHAEL A. ROSNER
FREDERICK C. SCHWENDENMANN
JAMES J. SIRAGUSA
HARRISON D. WILLCUTTS

1942
1962 1974
1978

Time is the test of all Value



1942 First District Medical Society selected Lester L. Burdick, Inc., as Administrators.

1962 All twenty-four District Medical Societies had selected Lester L. Burdick, Inc., as Administrators.

1962 After more than one year of intensive study, Insurance Committee and Council of Massachusetts Medical Society endorsed Lester L. Burdick, Inc., as Administrators.

1974 Both the Massachusetts and District Medical Societies' Disability Income Programs were expanded to provide a guaranteed renewable and convertible provision.

1978 Your Insurance Committee—Your Executive Council—Independent Insurance Consultants—and thousands of leading Massachusetts Physicians, now insured, agree that this *"Officially Approved"* plan is the best.

In the absence of comparison, no true value can be determined.

write or phone for information.

CONTACT: CRAIG W. STEWART
District Supervisor
65 Forest Glen Road
Longmeadow, Mass. 01106
Phone: (413) 567-5774

LB
personal service
since 1922

LESTER L. BURDICK, INC.
Loyalty Group Insurance
20 CONGRESS ST., BOSTON, MASS. 02109 · (617) 742-2740

SEPTEMBER 1978 VOL.XXXIV—NO 7

The official bulletin
for The Hampden District
of The Massachusetts
Medical Society.
Founded in 1942 by
Edward P. Bagg, Jr., M.D. and
William A. R. Chapin, M.D.

PAST EDITORS
MAX MILLMAN, M.D.
JOHN C. AYRES, M.D.
WALTON E. STEVENS, M.D.

CURRENT BOARD
OF EDITORS

MANAGING EDITOR
VIVIAN M. PURDY

ASSOCIATE EDITORS
BERNARD BLOOM, M.D.
E. DEBORAH GILMAN, M.D.
CARL W. JANOVSKY, M.D.
ALONZO D. SHEFFIELD, M.D.
HOWARD N. SIMPSON, M.D.
ROCCO A. VERRILLI, M.D.
JOHN J. ZADWORNY, M.D.

PUBLICATIONS COMMITTEE
CHAIRMAN
JOHN C. AYRES, M.D.

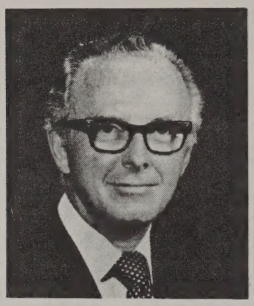
WALTER J. PACOSA, M.D.
WILLIAM J. BAKER, M.D.
HERBERT S. WAXMAN, M.D.
GARRY DEN. HOUGH, III

ADVERTISING AND
BUSINESS MANAGER
ALICIA A. WILLARD

Contents

"LIVING UP TO PRINCIPLES"..... 6
PRESIDENT'S PAGE..... 7
"IMPRESSIONS OF THE AMA"..... 9
A.M.A. MEMBERSHIP..... 11
"SENATOR KENNEDY - YOU ARE RIGHT".. 12
"THEM AS CAN"..... 13
IN MEMORIAM..... 15
RESPIRATORY INFECTIONS..... 17
DISTRICT MEETING..... 21
AUXILIARY NEWS..... 22
UNITED WAY - YOUR WAY?..... 23
"A FLIGHT OF FANCY"..... 24
DATES TO REMEMBER..... 26
AMENDMENTS OF MASS. REGULATIONS... 28
SPRINGFIELD ACADEMY OF MEDICINE.... 29

THE HAMPDEN HIPPOCRAT IS PUBLISHED MONTHLY EXCEPT FOR JULY AND AUGUST.
THE OPINIONS EXPRESSED IN THIS BULLETIN ARE THOSE OF THE WRITERS AND DO NOT REFLECT THE OFFICIAL VIEWPOINT OF THE HAMPDEN DISTRICT MEDICAL SOCIETY UNLESS SO STATED.
ALL COMMUNICATIONS SHOULD BE ADDRESSED TO VIVIAN M. PURDY, HAMPDEN DISTRICT MEDICAL SOCIETY, 1414 STATE ST., SPRINGFIELD, MASS. 01109; TELEPHONE: 736-0661.
TO BE ASSURED OF UNINTERRUPTED DELIVERY OF THE HAMPDEN HIPPOCRAT, NOTIFY US IN ADVANCE OF AN ADDRESS CHANGE AND INCLUDE YOUR ZIP CODE NUMBER.



LIVING UP TO PRINCIPLES

In my travels, I am frequently asked variations of the same question, "What has the AMA done for me lately?", by disgruntled physicians who often single out our responses to government involvement.

So I tell them what the AMA is doing, in the Congress and the courthouse, to prevent arbitrary government intervention, and to preserve the superb, healing quality of American medical education and practice.

Then I turn the tables. I ask the physician, "What have you done lately for the AMA, and for American medicine?" I think the question is a fair one, and deserves a fair answer. Because as physicians, we have responsibilities, as well as rights. And the best way to defend the latter is to fulfill the former, particularly our responsibilities in the socio-economic and political dimensions of medical care.

And this fulfillment, in turn, can be best achieved through the support of every physician at every level of this federation of ours, including the national level. The AMA deserves support.

I believe that each physician who graduates from a U.S. medical school owes a great debt to the AMA, which played (and continues to play) a leading role in making our medical schools the finest in the world.

I believe that each physician who obtains specialty board certification in this country owes a great debt to the AMA, which has helped (and continues to help) perfect the best system of post-graduate medical education in the world.

I believe that each physician who admits patients to our community hospitals owes a great debt to the AMA, which has participated (and continues to participate) in the development of the most modern and well-equipped community hospitals in the world.

I believe that each physician privileged to practice in this country owes a great debt to the AMA, which has long guarded (and continues to guard) those opportunities for medical freedom and creativity found nowhere else in the world.

Finally, I believe that each physician who fails to support the AMA is failing to live up to those traditions and principles upon which the past, present, and ultimately the future, of American medicine rest.

Such physicians, the "free riders" of medicine, might heed the words of the late Adlai E. Stevenson, the American attorney and diplomat, who said, "...it is often easier to fight for principles than to live up to them." □

TOM E. NESBITT, M.D.

PRESIDENT'S PAGE

A FABLE OF TWO BROTHERS

Identical twin brothers, who shall be called Daedalus and Icarus after the famous father-son combo of antiquity developed, as fate would have it, identical painful maladies of identical severity at exactly the same time.

Icarus, who was a bit of a high flier, consulted Dr. Suave. Dr. Suave diagnosed a furuncle with associated cellulitis overlying the gluteus maximus. He said, "You need administration of local anesthesia and incision and drainage." Icarus said, "That's ok doctor, but I would like to have it done in the hospital. Our union leader said that he worked his head off to get us the best medical contract available. He said if it is done in the hospital, everything is covered." Dr. Suave replied, "I'm with you. I don't do the slightest bit of surgery in the office in case something should go wrong."

"This should be taken care of promptly so you had better get your pre surgery tests done right away." "Do I need them doctor?" queried Icarus. "Listen", responded Dr. Suave, "the hospital lawyer says that nobody but nobody has any surgery done without a count, urine, sugar BUN* EKG and chest. As a matter of fact, he is going to a meeting tonight, and if we wait till Thursday, you may need an SMA 12. Malpractice you know."

On the next morning Icarus reported to the receptionist who referred him to the secretary to get his information. She referred him to the nurse who said, "Doctor we'll be ready as soon as I make out the charge cards for the operating area, operating table, local anesthesia and minor surgery sets."

'One two, one two and through and through, the vorpal blade went snicker snack.!

VNA ASSOCIATION
VISITING NURSE

1400 State Street
Springfield
781-5070

HOME HEALTH SERVICES
Part Time — Intermittent

HOME NURSING CARE
PHYSICAL THERAPY
HOME HEALTH AIDES

Certified Medicare — Medicaid
A United Way Agency

"That's great, doctor, but I'll probably have a lot of pain after this." "Don't worry, 'I'll prescribe my favorite brand of propoxyphine hydrochloride." "You know, doctor, the insurance man says that if I have a prescription, I can get a stryker pad to sit in. And, by the way, I sit down all day at work right where you did the surgery. If you give me a note, I can stay out for about four weeks. That will give me a chance to panel the new family room while the wound is healing. My neighbor, who works for the welfare, says he thinks I may be eligible for food stamps, too."

Let's return to our other hero Daedalus, who opted for Dr. Crass.

Shortly after arrival, he was ushered into the physician's presence. "You have a boil on the ass." said Dr. Crass. "Just get up on the table. Nurse get me some ethyl chloride, betadine, a knife and a bunch of sterile four by fours." "But, doctor." "Be quiet and lower your pants a little more."

'One two, one two and through and through, the vorpal blade went snicker snack.'

"There, that does it, now soak in a tub a couple of times a day and take aspirin for the pain. If you are not all better in a week, call me." "But, doctor," "Just give me twenty dollars and get going so that I can see the next patient."

In due course, it may happily be reported, both brothers recovered fully. As brothers are wont to do, they were discussing their recent indispositions. Daedalus said, "You know, that doctor charged me twenty dollars." Icarus replied, "Yes, I guess that medical treatment is rather expensive these days. Daedalus countered, "You are no one to talk, your treatment was free." □

JOHN J. FLAHIVE, M.D.

Now, two dosage forms

Nalfon®
fenoprofen calcium

300-mg.* Pulvules® and
600-mg.* Tablets

DISTA
Dista Products Company
Division of Eli Lilly and Company
Indianapolis, Indiana 46206

Additional information available to the profession on request.

*Present as 345.9 mg. and 691.8 mg. of the calcium salt of fenoprofen dihydrate equivalent to 300 mg. and 600 mg. fenoprofen respectively.

700934

IMPRESSIONS OF THE AMA

The 132nd annual meeting of the American Medical Association was held June 18th through the 22nd in St. Louis. By now, those of you who read this will also have read the decisions reached by the House of Delegates, heard that Hoyt Gardiner has been elected 1979 President, and learned that the two major problems considered by the House were medical education and cost consciousness. But since this was my first meeting as an Alternate Delegate from the MMS, I would like to give you my impression as to how these decisions were reached since they will have an important effect on how you practice medicine in the future.

I learned early that an AMA meeting is hard work. As a recently appointed delegate, I had not received the advance information for delegates. So, on Saturday I was handed 6 pounds of reports and resolutions with instructions to be prepared to discuss them at breakfast the next day. On Sunday, and each day thereafter, the New England delegation caucussed at 7 a.m. to prepare for the day's sessions. In 5 days, a 300 item agenda was presented, discussed, correlated, reviewed, debated, and voted. The self-discipline was impressive.

Secondly, I was impressed by the honest democracy in the legislative techniques utilized. The 168 resolutions and 107 reports were assigned to 8 reference committees. Any AMA member can address these committees, who then correlate related resolutions, incorporate legal advice, and make a recommendation to the House of Delegates. The freedom to be heard by these committees can only be compared to a New England town meeting. Knowledgeable, responsible presentations do reach the floor of the House. The House is attentive, responsive, and as concise as any large legislative body could possibly be. I had been told this before, but I did not really believe it. You might like to verify my opinion yourself. I urge you to attend an AMA meeting, express your ideas to the reference committee, and hear the results on the floor of the House. You do not need to be a delegate to do this.

Thirdly, there is new representation in the House. The addition of 49 specialty society delegates makes them the largest caucussing block. The resident physicians' section and the medical student section contain articulate, skillful spokesman. Several resolutions from these sections were approved and a resident was nominated for the Board of Trustees! This means new ideas and new approaches with less influence for the super-conservatives.

Fourthly, Massachusetts is a significant voice in the AMA. Five delegates in a House of 320 doesn't seem like much, but Massachusetts more or less leads the New England delegation. When New England

HAFEY FUNERAL SERVICE, Inc.

HAFEY FOREST PARK CHAPELS
Springfield, Mass.

EAST LONGMEADOW FUNERAL HOME
East Longmeadow, Mass.

speaks on the floor of the House, people listen. At the same time, each delegate (and each delegation) reserves the right of individual action when unanimous agreement is not present. You are represented in the House by considerable leverage. Of course, the number of delegates from each state is based on the number of AMA members in the state. If more of you would join the AMA we would have a larger delegation.

Furthermore, the House of Delegates is not afraid to take on difficult problems. The report of the Commission on the Cost of Medical Care is a very challenging document. The duties of nurse practitioners and physicians' assistants vary so much throughout the country that general principles are hard to enunciate. Medical relicensure, HMO's peer review, FMG's and privileged communication are thorny issues. Bureaucratic incursion on medical practice is a full-time battle all by itself. But at St. Louis, the AMA tangled with all of these and more, and generally acquitted itself quite well.

In fact, the most important impression is the new spirit of optimism that was apparent. This was never directly expressed, and may not even be noticeable to some of the veterans, but it permeated many formal and informal discussions. Problems didn't seem quite so insolvable, positive approaches outweighed defensive reactions, and people acted as if they expected to be noticed. The AMA is taking on the federal government, through the courts and in the halls of Congress, and it expects to fight if not emerge victorious. The AMA feels representative, responsive, and rejuvenated. It intends to promote the welfare of the physician and the patient on a national level. It intends to make the voice of medicine heard.

I hope you do not find these opinions particularly surprising. I think that these are the goals which all of us share. And, after all, the AMA is us, if we will make it so. □

GARRY deN HOUGH, III

Bfh byron's funeral home, inc.
Ernest A. Byron, jr., president
736-5413
post office box 278
"highland station"
684 state street
springfield, mass. 01109
1858 allen street 01118

Ming Palace
Restaurant & Lounge

SUPERB POLYNESIAN & CHINESE CUISINE SERVED IN THE SPLENDOR OF A CHINESE PALACE
(413) 732-1197
CENTURY SHOPPING CENTER • 383 MEMORIAL AVE. • WEST SPRINGFIELD, MASS.

AUXILIARY NEWS

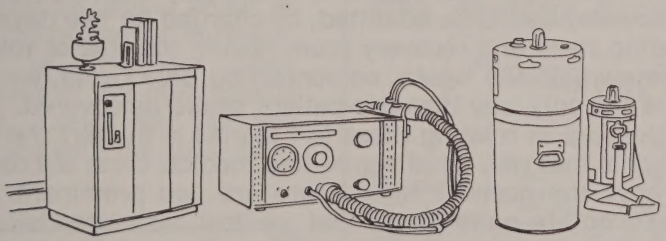
An exciting trip to *QUINCY MARKET, BOSTON,* has been arranged for Wednesday, October 4th. We'll meet the bus at Friendly's at the Longmeadow Shops. The fare is $8. More details are in the flyer sent with your membership booklet. For further information or for a reservation, please call Wenda Restall at 567-8668.

The training sessions for docents in the Health Education Program at the Quandrangle's Science Museum's "TOUCH AND SEE ROOM" have been scheduled for the five Tuesdays in October, from 9:30 A.M. to 11:30 A.M. Please call Kathy Lovell at 567-3089 to sign up or to have your questions answered.

Jean Medrek is heading the MEDICAL WELCOME WAGON this year. Several new families have already been contacted. If you know of any new physician's family which has recently moved to this area, please call Jean at 525-6052 with the name and address. Jean has a handy information kit assembled for newcomers. □

HELEN K. GALLIVAN
Auxiliary to the
Hampden District Medical Society
Rep. to The Hampden Hippocrat

OXYGEN



- Oxygen Concentrators
- Portable Liquid Oxygen Systems
- IPPB Breathing Equipment
- Rental
- Sales
- Service
- 24-Hour Oxygen Service

MED-X
Patient Care Center
673 White St., (at Belmont), Springfield, MA 01108 (413) 736-4529

SENATOR KENNEDY - YOU ARE RIGHT!

Much has been said about the rising cost of medical care and most of the time the physician is blamed for this rising cost. In our defense, let me site two stories.

A 41 year old female was seen in my office twelve weeks pregnant. She requested an amniocentesis for a chromosonal analysis to rule out a Downs syndrome. This procedure was recommended by her local physician and reinforced by an article in Parade magazine of the Springfild Republican. She had CMS medical insurance and was told by their office that this procedure was covered. The cost of analysis is $250.00. The procedure would be done in our office free of charge as part of the overall prenatal package and the only expense to the insurance company was that of the analysis itself. Unfortunately, according to the policy, this procedure would only be covered if it was done with the patient as an in-patient in the hospital. This would then entail an admission with a daily charge of somewhere around $100.00 plus the cost of the amniocentesis tray. When this was pointed out to the insurance company, going from a lowly clerk right up the the medical director, all agreed that yes this did almost double the cost of the procedure, however, there was no recourse and the only way that this could be done at no cost to the patient was to admit the patient to the hospital even though the patient would be discharged within an hour.

It just so happens that on the same day a 35 year old female was seen in our office and because of irregular bleeding, a D & C was suggested. The patient's coverage was with Blue Cross/Blue Shield. For the convenience of the patient, it was suggested that the D&C be done at the Springfield Surgical Center. Unfortunately, Blue Cross refuses to pay for procedures unless the patient is in the hospital. Rather than the $175.00 for the surgical center, excluding the physician's and anesthesiologist's fee, the only way that this patient could be covered was to be admitted, be charged for two days stay plus the operating room and recovery room raising the cost of this D&C to approximately $325.00. Again, on contacting Blue Cross, we were told that this is the only way that this patient would be covered.

The purpose in relating these two stories is to alert the physician and the public that yes, we all agree that medical costs are rising but it is not always the doctor's fault. Here are two prominent insurance companies who are quite aware that medical costs are rising but are doing very little to keep these costs down. Perhaps it is because the costs are borne by John Q. Public who pays the premiums. Neither company was willing to suggest a change in their policy so that procedures like this could be done at less expense.

You're right, Senator Kennedy, the cost of medical care is going up but let's look a little more closely at who is behind the rising costs of medical care. It would seem to me that those insurance companies who are most aware of the rising costs are those who are least willing to effect a change to bring these costs down. □

JOHN J. ZADWORNY, M.D.

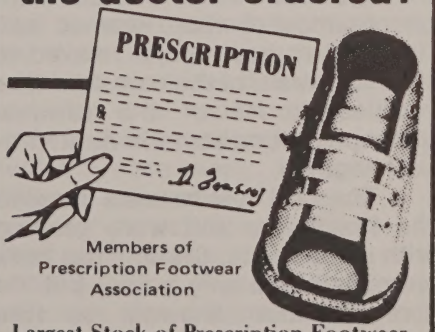
THEM AS CAN

Claims that exercise prevents disease and prolongs life ar not news to me. Just as I have advised patients about weight reduction, vacations, and moderation in work and other indulgences, so have I advised exercise programs. I know about the King of Sweden who played tennis until well past ninety, and I have seen the pictures of Paul Dudley White riding his bicycle on the streets of Boston on his eightieth birthday.However, let me offer for your serious consideration the oberservation of another octogenarian. This old friend was explaining his unusual ability to continue a more gratifying form of exercise when he said, "Them as can, does." Such a thought may have relvance in the recent controversy over the jogging mania.

Commenting on a magazine article favorable to jogging, one of the milder letters to the editor stated, "After twenty years in the Army, I can tell you what jogging is. Jogging is double -time, and I say to hell with it!" This subject seems to polarize people about as sharply as did women's suffrage, prohibition, or the New Deal. Although some of my best friends are joggers, I must say that my sympathies are with the other side. I simply do not understand joggers. Mountain climbers don't excite my empathy either, but at least they climb the mountain "because it's there."

Last year, a physician was asked to hold forth on the benefits of jogging to a convention of flabby but reasonably happy and gregarious colleagues. Although a more positive message may have been forthcoming he lost us right away by explaining that he took up jogging and marathon running because he was fundamentally antisocial. After a hard day at the office, he could strip down to his underwear, put on his Adidas', and run away from people. Helped him keep his sanity, he said. Extreme measures for extreme cases, I say. He has become an accomplished runner and places well up in the pack at the Boston Marathon each year.

Picot's Place
RESTAURANT FRANCAIS
CLOSED MONDAY
Dinners From 6 P.M. Daily
Sunday from 3 .P.M.
Open All Year
VILLAGE OF HAMPDEN, MASS.
[413] 566-3034

We have just what the doctor ordered!


Members of Prescription Footwear Association
Largest Stock of Prescription Footwear in the Area –
Men, Women and Children
ARNOLD'S Foot Health SHOES
327 BRIDGE ST., SPRINGFIELD, MASS.
PHONE 732-7048

Now that - the Boston Marathon - is what I really want to talk about.We were attending a medical convention at the Prudential Center in Boston on April 17, Patriots' Day, the day of the Marathon. The weather was ideal - cold, dark, and gray. Hotels were crowded with several hundred Marathon participants. A more grim, gaunt, desperate looking group of people can scarcely be imagined - and that was before the contest.

We watched runners assembling in the vicinity of the Center to be bussed to the starting line 26 miles away. Very few smiles and very little camaraderie were evident. Later, on the TV news, we were to see the horde of over 3,000 runners crowding like lemmings across the starting line before stringing out along the 26-mile course. The road was lined on both sides with happy, cheering crowds, for this was a holiday and these were well-nourished, sedentary spectators, not runners or joggers.

A little after two o'clock, we could not resist joining the expectant throng at the finish line. The streets, the sidewalks, and even the rooftops were packed with people, most of whom seemed well fleshed-out, happy, and relaxed in the excitement of the occasion. One recalled stories of the carnival atmosphere that sometimes attended hangings.

The first few runners crossed the finish line and were greeted with exuberance. Ceremonies here were visible to only a few, but TV screens later showed us the exhausted winner wearing a laurel wreath. After the arrival of the first few runners, a feeling of anticlimax slowly developed. After the lemmings have dropped off the cliff - after the trapdoor on the scaffold has been sprung - what is left to celebrate?

Runners continued to straggle into the Center to mingle with the dispersing crowd. They limped, they grimaced, they held their sides in pain, they vomited, they kneaded cramping muscles, and some cried. Except for the very few who smiled weakly, none showed any sign of satisfaction, of mission accomplished. They lay on the floors and benches or hobbled about in the company of consoling supporters. the flush of exercise had subsided, and their skin was pale and clammy. Their running togs, dank with cooling sweat, looked like ill-fitting underwear; many donned sweatsuits that changed their appearance only because these looked like ill-fitting long underwear.

By dinnertime, nearly everyone connected with the Marathon had left the Center. It was time for afterthoughts. A colleague mused, "What a paradox that we who advocate exercise were here to witness this exhibition of mass masochism." My final thought was, "Them as could, did. Nu?"

□

PERRY R. AYRES, M.D.

Note: As you may remember Dr. Ayres was the speaker at the Annual Meeting of HDMS on "The Impaired Physician".

Traditional
New England Hospitality

YANKEE PEDLAR INN
Miss Bess Stathis, Innkeeper
Rt. 5 at 202 Holyoke, Mass.
Phone: 532-9494

In Memoriam

ALLEN GALPIN RICE, M.D.
1880 1978

One of the most distinguished members of the Hampden District Medical Society and of the Massachusetts Medical Society for half of the twentieth century was Dr. Allen G. Rice who died in San Diego, CA on the first of June. The obituary notices that appeared in the Springfield newspapers on June 3rd gave infull the details of his long and busy career, but for those of us who knew him a list of dates of accomplishments, offices held, duties performed, associations served and honors bestowed, impressive though they were, are not the things that we will remember about Allen Rice.

First of all he was, after two postgraduate years at the Boston City Hospital, for his day a superlatively trained surgeon. He continued, through his active surgical career, to keep abreast of the changes that took place during the most productive era that specialty has seen. Forty years ago when the first of the sulfonamides appeared I heard one of his contemporaries bellow, "You can't tell me that a little pill will kill the hemolytic streptococcus!" Allen would never have said that. His mind was keen; it was never shut.

He was an excellent teacher, clear and precise. He was also stern and demanding, and heaven help the intern or assistant who was careless or late, but he could be amazingly understanding of human frailty and error.

He was a charming writer. A slender volume Surgical Lessons of the Great War, published in 1920, resulted from his military experience in France and contains critical discussions of such then major issues as debridement, delayed suturing, Carrel-Dakin treatment, blood vessel surgery, trench foot and several kind words for post-operative physio-therapy. In advocating the latter he was ahead of his time. In those days surgeons shed their responsibilities with their rubber gloves, but to Allen a healed wound met only half the challenge.

His services to Organized Medicine were many. He was president and secretary of the HDMS and a member of many of its committees. In the state society he served as Vice president and for several years on the Committee on Ethics and Discipline.

Benjamin Rush was one of the outstanding physicians and patriots of the Revolutionary era. He was also a Signer of the Declaration of Independence along with four other physicians. Years later he wrote brief biographical sketches of the other Signers. When he came to write his own it was the briefest of all. He said of himself, "He aimed well." Somehow I think Allen Rice would have settled for that. □

In Memoriam

THOMAS F. REILLY, M.D.
1898 - 1978

Dr. Thomas F. Reilly of 151 Newton Road, Springfield, died at the Mercy Hospital on July 15, 1978.

Born in Bridgewater, Massachusetts on February 5, 1898, Dr. Reilly attended local schools, graduated from St. Louis University in 1920, and received his doctorate in medicine from St. Louis University Medical School in 1922. After serving an internship at the St. Louis City Hospital and residencies in pediatrics at the Boston City Hospital, N.Y. Nursery and Child's Hospital, and the Boston Floating Hospital, he engaged in the private practice of his specialty for 34 years in Springfield. Upon retiring, he immediately entered into a second career by earning a M.P.H. degree at the Yale University Medical School and becoming a District Health Officer for the Mass. Department of Public Health in Amherst from 1964 to 1966.

Dr. Reilly served for many years on the medical staff of the Mercy Hospital and was president thereof as well as chief of the pediatric department at one time. He was also a consulting pediatrician at the Providence Hospital, Wesson Memorial Hospital, Wesson Maternity Hospital Hospital, and the Holy Child Guild in Westfield. He was a diplomate of the American Board of Pediatrics and a member of the AMA, the American Academy of Pediatrics, N.Y. Academy of Medicine, the MMS, the HDMS (past president), and the Springfield Academy of Medicine (past president). Besides his medical career, Dr. Reilly served his colleagues with distinction in matters pertaining to professional organizations; his community, in a variety of civic activities; and his country, during World Wars I and II.

Deepest sympathy is hereby extended to his family and to his many friends and associates. □

SPONSORED BY HDMS

CME Category I for two [2] Credits

DATE: Saturday, October 7, 1978

TIME: 9 a.m. until 11 a.m.

PLACE: Baystate Medical Center, Springfield Division
759 Chestnut Street
Springfield, Massachusetts

TOPIC: "CURRENT CONCEPTS OF PEPTIC ULCERS"

INSTRUCTORS: Jerry S. Trier, M.D.
Chief of Gastroenterology
Harvard Medical School

Lester Williams, M.D.
Professor, Chairman
Department of Surgery
Boston University

Call Hampden District Medical Society office **736-0661**

RESPIRATORY INFECTIONS IMMUNIZATION DILEMMA

FLU

Influenza virus infections occur every year in this country, but they vary greatly in incidence and geographic distribution. Moreover, these infections may be asymptomatic or range from mild upper respiratory infections to pneumonia and death. Efforts to prevent or control influenza in this country have been aimed at protecting those at the greatest risk of serious illness or death, namely, those chronically ill and older persons. Hence, as in the past, the Advisory Committee on Immunization Practices of the U.S. Public Health Service is again making recommendations for the coming season.

Influenza vaccine for 1978-79 will consist of inactivated trivalent preparations of antigens representative of viruses expected to be prevalent: A/USSR/77, A/Texas/77, and B/Hong Kong. Two formulations will be available and possibly a third. One dose of such formulation containing 7 micrograms of hemagglutinin of each antigen is recommended for those 26 years and older, since most of the latter will have had some prior experience with all three viruses. Two doses, with an interval of 4 or more weeks in between, of such formulation containing 20 micrograms of A/USSR/77 and 7 micrograms of the other 2 antigens are recommended for those 13 to 26 years of age. For those under 13 years of age, the composition of the formulation and dosage has yet to be determined. Both formulations will be available as "whole-virus" and "split-virus" preparations with that for those under 13 to be a "split-virus" vaccine.

It is claimed that the Influenza Virus Vaccine for 1978-79 has been associated with few side effects and with local reactions at the site of injection being observed in less than ⅓ of vaccinees. However, it must be remembered that 3 types of systemic reactions to influenza have been described:

1. Fever, malaise, myalgia and other systemic symptoms of toxicity can occur in children and others with no experience with influenza viruses containing the vaccine antigen(s). The reactions begin 6-12 hours after vaccination and last for 1-2 days.
2. Innediate allergic responses, such as flare and wheal or various respiratory expressions of hypersensitivity occur extremely rarely after influenza vaccination, presumably due to residual egg protein component.

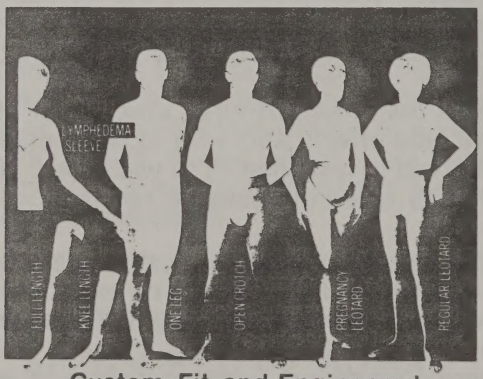
WE OFFER YOU THE WORLD
the travel professionals at
BRACCI TRAVEL WORLD
BAYSTATE WEST, SPRINGFIELD, MASS.
737-2684 Validated Parking

3. Gullain-Barre Syndrome was noted in 1976 to be associated with excess frequency amongst persons who had received swine influenza vaccine. The overall incidence in the 10 week period following vaccination was 5-6 times higher than in unvaccinated persons; moreover, the risk calculated for this period was 10 cases of GBS for every million persons vaccinated. Although there is no comparable data about the association of GBS with other influenza vaccines, it must be assumed that this risk may be present for all.

The issue of increased risks for pregnant women and/or their fetuses because of influenzal infection is not settled. Moreover, no evidence has been presented to suggest that influenza vaccination of pregnant women poses any special maternal or fetal risk. Hence, pregnant women should be evaluated for influenza vaccination according to the same chronic illness criteria as applied to other persons.

PNEUMOCOCCAL INFECTIONS

Pneumococcal pneumonia, bacteremia, meningitis, and otitis media are endemic and common in this country. It is estimated that there are annually 200,000 to 1,000,000 cases of pneumococcal pneumonia in the United States and between 13,000 and 66,000 deaths resulting therefrom with an attack rate of 1-5 cases per 1,000 persons per year and a case fatality rate of 7% (1 of 15 cases). About 25% of all with pneumococcal pneumonia develop bacteremia with 28% of the bacteremic patients over 50 years of age dying. Pneumococcal



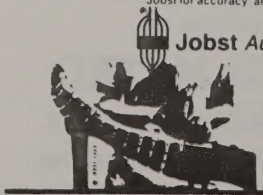
Custom-Fit, and Engineered
For Your Individual Patient

Jobst Venous Pressure Gradient® supports are custom-made and precisely fitted to the contour of the affected extremity of the individual patient in a series of careful measurements.

Even more *important* than the perfect fit, are the exact counterpressures built-in according to your own prescription!

Jobst Venous Pressure Gradient® elastic stockings are a treatment of *choice* for leg ulcers, varicose veins, stasis dermatitis, postmastectomy lymphedema, post-phlebitis syndrome, post-fracture, post-operative and injury edema.

Your nearest *Jobst Fitter* is shown below. You can send your patients to him with confidence. He has been trained by Jobst for accuracy, and will give you the *best* in service.



Jobst *Authorized Fitter*

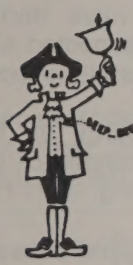
Agawam Medical Equipment, Inc.
713 MAIN STREET / AGAWAM, MASS., 01001
(413) 786-8142

meningitis occurs at a rate of 1.5 to 2.5 cases per 100,000 population per year with a mortality rate of 40% despite antibiotic treatment. All types of pneumococcal disease are common in persons with impaired or absent splenic function, agammaglobulinemia, multiple myeloma, nephrotic syndrome, cirrhosis and alcoholims.

Pneumococcal vaccines were first studied in the period from the 1920's to the 1940's and, in fact, a vaccine similar to the current one was shown to be effective in preventing pneumonia in the military. However, with the availability of penicillin therapy in the 1940's the need for such a vaccine was thought to have become less apparent, and further work was discontinued. In more recent years the need was perceived again for vaccine use in special groups. In addition the recent appearance of pneumococci resistant to multiple antibiotics has heightened interest in such a vaccine.

The pneumococcus is multiply speciated; there are 86 capsular types, and immunity is largely type specific. The large number of types has obviously created a problem for the vaccine developers. The approach taken was to select the 14 strains which cause the majority (at least 80%) of all bacteremic pneumococcal disease in the United States. Thus the vaccine which was licensed in November, 1977, contains these 14 polysaccharides (1-4, 6, 8, 12, 14, 19, 23, 25, 51 and 56).

Clinical trials have shown that adults respond to vaccination with rises in antibody titer. A second dose does not give an increased



Car Phones . . . . Answering Service . . . . Pocket Pagers

Colonial Mobiletelephone & Paging Service, Inc.

1178 Parker Street
Springfield, Mass. 01129

Tel. 783-4351

visit the Leonard Gallery

1067 E. Columbus Ave.
Springfield
733-4125

for
- FINE ART
- WALL DECOR
- MIRRORS

and the very
- FINEST CUSTOM FRAMING

STORROWTON TAVERN

On the Village Green
Eastern States
Exposition Park
West Springfield, Mass.

Bill Kavanagh, Innkeeper

An original colonial inn serving the finest early American food and drink plus continental specialties.
* An incomporable setting for weddings, banquets and parties.
Open year 'round.

Phone: 732-4188

response. Trials for protection against disease at this point have largely been conducted in young adults. The vaccine is effective in reducing the incidence of bacterial pneumonia and sepsis by 80% or more. There are also data which indicate that it is effective in older persons. The duration of protection is not known, but elevated antibody levels persist for at least two years after vaccination. Studies in children are limited at this point. Preliminary data indicates, however, that infants under age two respond poorly. In a group of older children with sickle cell disease, the vaccine appeared to reduce the incidence of pneumococcal disease significantly. Its protective effect on otitis media is currently under study; the results are not in as yet.

No serious side reactions have been observed. About 50% of vaccinees experience local erythema and mild pain. Booster doses are not indicated at the moment since local reactions appear to be enhanced by a second dose within a period of three years after primary vaccination, and since need for additional doses has not been established.

Pneumococcal vaccine is indicated for immunization of all persons, two years of age or older in whom there is an increased risk of morbidity and mortality from pneumococcal pneumonia. These include: (1) persons having chronic physical conditions such as chronic heart disease of any etiology, chronic bronchopulmonary diseases, chronic renal failure, and diabetes mellitus or other chronic metabolic disorders; (2) persons in chronic care facilities; (3) persons convalescing from severe disease; (4) persons 50 years of age or older.

Preliminary data suggest the vaccine is efficacious for preventing severe penumonic disease and bacteremia in persons over two years of age with sickle cell anemia and in individuals who have had a splenectomy or who have impaired splenic function. It is expected also that the vaccine will be found effective in preventing pneumococcal meningitis of bacteremic origin.

In July of 1978, the Committee on Public Health of the Massachusetts Medical Society voted to strongly recommend the immunization with pneumococcal vaccine for the following high risk persons:

1. Those 50 years of age and above (mortality rises threefold between ages 50 - 54);
2. Those age two and above with chronic disease;
3. Those with impaired or absent splenic function.

CHOICES

It would be ideal if both the influenza and the pneumococcal vaccines were combined into one injectable dose. However, such is not the case, but a separate injection of each is possible for optimizing the protection. On the other hand, one or the other alone could be utilized. Personal bias on the part of the writer in an either/or situation would be a preference for the pneumococcal vaccine. □

JOHN C. AYRES, M.D.

Curran-Jones
FUNERAL HOME
West Springfield - Agawam

KING'S PHARMACY
Ethel K. King, Manager
20 GROVE STREET
CHICOPEE FALLS — 592-1651

HAMPDEN DISTRICT MEDICAL SOCIETY announces the DISTRICT MEETING

DATE: Tuesday, September 26, 1978

PLACE: *THE OAKS INN*
At the Kimball Towers (parking free)

BUSINESS MEETING: 6:00 P.M.

SOCIAL HOUR: 7:00 P.M.

DINNER: 7:30 P.M.

SPEAKER: Mr. Thomas L. Huston
President Medical West Community Health Center

TOPIC: *"NEW HMO THE MEDICAL WEST COMMUNITY HEALTH CENTER"*

Dinner for members of HDMS are courtesy of HDMS.

If you must cancel your dinner reservation, call the office before noon of September 26, 1978. IF CANCELLATIONS ARE NOT MADE YOU WILL BE BILLED FOR YOUR DINNER.

522 Sumner Ave. (at the X)
733-7843

ESTABLISHED IN THE YEAR 1861
Dickinson-Streeter Funeral Service
305 STATE ST., SPRINGFIELD, MASS.
Earle C. Bradley Alfred J. Gay

PROFESSIONALS enjoy buying and selling real estate through **PRESTIGE REALTY.**
Bernard W. Schorr
Elsie B. Halperin
REALTORS

State and County Medical Leaders Call for Bigger A.M.A. Membership

What is the price of representation of our profession in the ongoing debate on the way medicine is practiced, financed, and administered across our land?

The price of that representation is the $250 membership dues to American Medical Association (considerably less for physicians in their first year of practice, housestaff, and students).

And leaders of many state and county medical societies have been pounding this home.

Noting the cost of the "many AMA activities and services, "Guy T. Selander, M.D., wrote last year when president of the Duval County Medical Society, Jacksonville, Florida:

"It is the individual doctor's responsibility to carry his/her share of the economic load."

Eyeing the Washington scene, George H. Dietz, M.D.* WROTE IN April as president of the Mahoning County Medical Society, Youngstown, Ohio:

"Without doubt, the American Medical Association is a potent force in the political arena, working for the good of the patient and the doctor alike. I am amazed at its effectiveness..I am convinced that if there were no AMA, some sort of total-care government (federal) program would now long since have been a reality."

In a similar vein, John J. Egan, M.D., president of the Medical Society of Delaware, observes that his society and the AMA "are unifying forces whose role is to blend the viewpoints of all physicians into concerted and effective action. The strength of organized medicine derives entirely from the participation and support of individual physicians."

Likewise calling for unity, John F. Kahle, M.D., immediate past president of the Arizona Medical Association, bemoans those physicians whose response to today's challenges consists of "withdrawing into their own shells, rather than joining or encouraging the fight against the real enemy--governmental intrusion."

These (and numerous other medical society articles we could quote) make it plain that joining the AMA isn't just hopping into a caravan. It's an emergency vehicle that's involved, and the very future of medicine is on the litter.

That's an important warning to sound to any non-member physicians you know. □

58th ANNIVERSARY YEAR
TOROS OMARTIAN & SON, INC.
We Buy and Sell ORIENTAL RUGS
NEW LOCATION:
286 Bridge Street Tel. 736-1531 Open Thurs. till 9:00 P.M.
FREE PARKING VALIDATED

UNITED WAY.....YOUR WAY?

Physicians' support (or lack of support) of the UNITED WAY is a puzzling phenomenon. Each year we share the last three places on the scale of giving with the dentists and the the lawyers.

We practice and live in the Pioneer Valley. Most of us enjoy our work, and we are well paid for it. Here we have a vital community.....our workshop.....with its advantages and its disadvantages, its strengths and its weaknesses, and it supports us.

The UNITED WAY is the main reservoir of support for so many community agencies (45) which in turn serve us all. Virtually every one of us and our families benefit in some way or another from one or more of these agencies. It's hard to escape it, so let's face it!

This is an appeal to recognize our responsibility as citizens of this community. Please give as generously as you can to this worthwhile cause when the United Way volunteer calls on you. Thank you. □

ROBERT H. DANN
GARRY deN, HOUGH, III
LEON M. KRUGER
KENNETH L. McEWEN
MURRAY WATNICK

A lot of dinner. Not a lot of dollars.

Do the prices at most restaurants spoil your appetite? Do the portions seem too small to feed a bird?

Come, then, to Albert's Restaurant in the Springfield Marriott Hotel. Where you can enjoy a candlelight dinner without choking over the bill.

We serve everything from seafood to prime rib plus a great salad bar and freshly baked breads. And afterwards, you can enjoy cocktails in Lucky Pierre's or the Plaza Lounge.

So, satisfy your wallet as well as your palate. With an evening out in Albert's at the Marriott Hotel.

When Marriott does it, they do it right.

Springfield Marriott Hotel.

At Baystate West, Springfield, Mass. 01115. (413) 781-7111

A FLIGHT OF FANCY

This little gem was sent to Dr. Warren Bostick by Daniel P. McMahon, M.D., of New York. Unfortunately, we cannot determine where it orginally appeared. All we know is that it was authored by a Robert B. Howard, M.D., "Consulting Editor." Nevertheless, we are unable to resist sharing it. Our thanks, Dr. Howard.

Flying an aircraft is much too serious a business to be left to the pilot. For far too long, pilots have enjoyed a kind of mystique which has permitted them to dominate the flight-care system in an unconscionable fashion. It is high time that we flight-care consumers asserted our fundamental rights.

I am tired of having the pilot tell me when I can board an aircraft, when I must buckle my seatbelt, at what altitude we will fly, and other comparable aspects of my flight-care consumption. The pilot, after all, is only one member of a flight-care team that also includes ticket sellers, boarding area personnel, cabin attendants, navigators, and copilots. The views of all of these people, experts in their respective fields, should be taken into consideration when flight care is being planned and executed. Obviously, the interest of the consumers must also be respected.

I suggest that what we need in the United States is a massive restructuring of the flight-care system that will free us of this unhealthy dominance by pilots, all of whom make too much money anyway. I believe that as every flight is about to depart, an appropriate

The retirement plan so good, it hardly seems possible.

A Shawmut Individual Retirement Account offers a tremendous tax advantage.

Fortunately, it's structured to benefit those people who need it most. People who, for one reason or another, don't have the security of a retirement plan where they work.

To find out more, drop by any office of Shawmut First Bank. And take advantage of what's legally yours.

Shawmut First Bank®

Agawam • Chicopee • Chicopee Falls • East Longmeadow • Fairview
Holyoke • Longmeadow • Monson • Palmer • Springfield • Westfield
Shawmut First Bank and Trust Company • Member FDIC

Flight-Care Council should be formed. It would, of course, include the pilot, whose technical expertise is undeniably required. The council would also include among its members appropriate representatives of the ground crew and the flight crew. The majority of the members, however, should be flight-care consumers, chosen on the basis of a careful consideration of the sexual, ethnic, and religious makeup of the consumer group on the flight in question.

The Flight-Care Council would be responsible for making key policy decisions with respect to the flight, including the time of take-off, the altitude at which the aircraft would fly, where the flight would stop along the way, and the ultimate destination.

After the landing, an Airstrip Utilization Review Committee would make a determination of whether the landing was indeed necessary. In the event that it is deemed to have been unnecessary the pilot would be forced to take off again.

I urge that our lawmakers speedily enact appropriate legislation that will bring about these long overdue changes in the flight-care system and bring an end to the pilot tyranny that has resulted in maldistribution of flight-care service, unnecessary flights, and lack of attention to the real needs of consumers. □

ROBERT B. HOWARD, M.D.

PSC
PHYSICIANS SUPPLY COMPANY
45 Island Pond Road
Springfield, Mass.
Phone
413-733-1163
One local source for all your Medical Supplies and Equipment
NO Minimum Order
NO Delivery Charge

Edward F. O'Donnell
FUNERAL HOME
Springfield

"HELENA FOURMENT" CIRCA 1660
Second wife of Peter Paul Rubens
IMPORTANT WORKS BY MAJOR ARTISTS
If you would like that very special "something" of significance . . .
Thurs. thru Sun., visit
CORNELL GALLERIES
270 Maple St., Springfield MA 01105
New Phone: 732-5339

Dates To Remember

HAMPDEN DISTRICT MEDICAL SOCIETY

DISTRICT MEETINGS

Tuesday, September 26, 1978
Tuesday, November 21, 1978
Tuesday, February 6, 1979
Tuesday, April 24, 1979

EXECUTIVE COMMITTEE MEETINGS 7:30 P.M.

[*Tuesdays unless otherwise designated*]

September 19, 1978
October 16, 1978, Monday
November 14, 1978
December 19, 1978
January 16, 1979
February 20, 1979
March 20, 1979
April 17, 1979
May 15, 1979
June 19, 1979

CENSOR MEETINGS

Thursday, December 7, 1978
Thursday, May 3, 1979

STATE EXECUTIVE COMMITTEE MEETINGS Wednesdays

September 13, 1978
January 17, 1979
April 11, 1979

STATE COUNCIL MEETINGS Wednesdays

October 18, 1978
February 14, 1979
May 16, 1979

STATE ANNUAL MEETING

May 22, 23, 1979

McCARTHY-MADAMAS FUNERAL HOME
623 State Street - Springfield, Mass.
Tel. 739-7381

HIBICLENS LIQUID
NOLVADEX TABLETS
Frank Bobbin
Stuart Pharmaceutical

AMERICAN MEDICAL ASSOCIATION

Annual Conventions House of Delegates

1979	July 22 - 26	Chicago	Marriott Hotel
1980	July 20 - 24	Chicago	Marriott Hotel
1981	June 7 - 11	Chicago	Marriott Hotel

Interim Sessions - House of Delegates

1978	December 3 - 6	Chicago
1979	December 2 - 5	Honolulu, Hawaii Sheraton Waikiki
1980	December 7 - 10	San Francisco
1981	December 6 - 9	Las Vegas

Winter Scientific Sessions

1978	December 7 - 10	Las Vegas
1979	January 12 - 15	San Antonio
1980		Atlanta, Georgia

Freedom
Federal Savings
1243 MAIN STREET
739-7387
560 SUMNER AVENUE
732-7238
Springfield, Massachusetts
WESTGATE SHOPPING CENTER
562-5671
Westfield, Massachusetts
HOME OFFICE
22 Pearl – Elm Street
Worcester, Massachusetts

The All-New Family Dining Room at the Oaks
OPEN TUES. thru SAT. – 4 P.M. to 9 P.M.
COMPLETELY NEW MENU
WITH AMAZING LOW, LOW PRICES
DINNERS FROM $3.75
CHILDREN'S DINNERS FROM $1.95
FREE WITH ALL DINNERS – OUR DELUXE SOUP & SALAD BAR
SENIOR CITIZEN DISCOUNT 10% ON ALL DINNERS WITH I.D. – 4 to 6 P.M.
LUNCHEON SERVED 11 A.M. to 4 P.M.
RESERVATIONS ACCEPTED 733-4121 CLOSED MONDAYS
The Oaks Inn
Chestnut & Bridge Sts., Springfield – Ample Convenient Free Parking

Amendments To The Massachusetts Regulations Governing the Practice Of Medicine

1. *AUTHORITY*

These amendments are adopted under the authority of G.L. c. 112, §5 and c. 30A, §2 (WEST Supp. 1978).

2. *AMENDMENTS*

a. Section V.3 a is amended as follows:

a. Completion of one hundred hours of continuing medical education activites according to the following schedule:

i. Completion of at least forty hours of Category One continuing medical education activities sponsored by an accredited organization, which shall include, but not be limited to, agencies accredited by the Council on Medical eEducation of the A.M.A., the Liaison Committee on Continuing Medical Education, Medical Schools in Massachusetts and the Postgraduate Medical Institute, and sixty hours of Category 2,3,4,5 or 6 activities sponsored by an organization accredited by the A.M.A. and in accordance with the A.M.A. requirements; or

ii. Completion of one hundred hours of Category 3 and 4 continuing medical education activites sponsored by an organization accredited by the A.M.A.

b. Section V.3 f is amended as follows:

Delete the word "full time" from line one.

c. The following new section be added after Section V.2:

3. *REQUIREMENTS FOR INACTIVE STATUS*

a. A licensee may renew his full license and request inactive status. A licensee must make his request in writing to the Board and certify that he will not practice medicine in Massachusetts. A licensee who is inactive is exempt from the continuing medical education requirements set forth in section V but is subject to all other provisions of these regulations.

b. A licensee may request at any time that the Board permit him to return to active status. The Board shall grant such a request and my require him to satisfy such continuing medical education requirements over such a period of time as it deems appropriate.

NORMAN'S PHARMACY
124 ISLAND POND ROAD
SPRINGFIELD, MASS. 01118
"AS NEAR AS YOUR PHONE"
PHONE 736-3623
PRESCRIPTIONS
DELIVERED & PICKED UP

Distinctive Dining at Springfield's
STUDENT PRINCE
and
FORT RESTAURANT
6 Fort St.—788-6628—Springfield

Springfield Academy Of Medicine

SINCE 1907

OFFICERS AND DIRECTORS 1978 - 1979

President	JOHN F. GRIFFIN, M.D.
President-Elect	ROBERT L. SEAVER, M.D.
Vice President	KENNETH M. FRANKEL, M.D.
Secretary	ROBERT J. KASPER, M.D.
Treasurer	JOHN P. CAREY, M.D.
Asst. Sec./Treas.	C. PAUL NAY, M.D.

DIRECTORS:

Robert L. Seaver, M.D.	**1979**	Francis J. Riley, M.D.
Kenneth M. Frankel, M.D.	**1980**	Arthur Gold, D.M.D.
William W. Walthall, M.D.	**1981**	Harrison D. Willcutts, M.D.
Stanley Glasser, M.D.	**1982**	John J. Flahive, M.D.
John F. Griffin, M.D.	**1983**	To be announced

EXECUTIVE SECRETARY: Mrs. Mildred E.L. Martin

PROGRAM COMMITTEE FOR CONTINUING EDUCATION

John L. Seaver, M.D., Chairman	1979	Francis J. Riley, M.D.
Kenneth M. Frankel, M.D.	1980	John J. Flahive, M.D.
William W. Walthall, M.D.	1981	Harrison D. Willcutts, M.D.
Stanley Glasser, M.D.	1982	Arthur Gold, D.M.D.
John F. Griffin, M.D.	1983	To be announced

FORTHCOMING MEETING: **Tuesday, September 12, 1978**

SPEAKER: NICHOLAS FIUMARA, M.D.
Department of Public Health
Commonwealth of Massachusetts

TOPIC: "UPDATING THE SEXUALLY TRANSMITTED DISEASES"

PLACE: Treadway Inn, Exit 6, Massachusetts Turnpike

Landen-True
SPRINGFIELD JEWELERS FOR OVER A CENTURY
1365 MAIN STREET BRIGHAM BUILDING

LIST OF ADVERTISERS

BELOW IS A LIST OF OUR ADVERTISERS FOR 1978. IN YOUR CONTACTS PLEASE TELL THESE PEOPLE HOW MUCH WE APPRECIATE THEIR SUPPORT.

AGAWAM MEDICAL EQUIPMENT, INC.
ARNOLD'S SHOES
BILLY FIORE'S RESTAURANT
BRACCI TRAVEL WORLD
BURROUGHS WELLCOME
BYRON'S FUNERAL HOME
COLONIAL MOBILE TELEPHONE AND PAGING SERVICE, INC.
CORLISS ADJUSTMENT BUREAU
CORNELL GALLERIES
CURRAN-JONES, INC. FUNERAL HOME
DICKINSON-STREETER CO., FUNERAL HOME
DUNLOP FLORIST, INC.
EAST LONGMEADOW NURSING HOME, INC.
FOOTIT SURGICAL SUPPLIES
FREEDOM FEDERAL SAVINGS
GALE LINCOLN MERCURY
HAFEY FUNERAL HOME
HOME AND SITTER SERVICES, INC.
HOMESTEAD INN
HOSPITALITY MOTOR INNS
INK WELL
KING'S PHARMACY
LANDEN-TRUE, JEWELERS
LEONARD GALLERY
LESTER L. BURDICK INC.
LILLY, ELI AND CO.
LOG CABIN RESTAURANT
MARRIOTT HOTEL
MCCARTHY-MADAMAS FUNERAL HOME
MED-X
MING PALACE
NORMAN'S PHARMACY
OAKS INN
O'DONNELL, EDWARD F. FUNERAL HOME, INC.
OLD STORROWTON TAVERN
OMARTIAN, TOROS & SON, INC.
PHYSICIANS SUPPLY CO.
PICOT'S PLACE
PRESTIGE REALTY
PROP-R WALK SHOES
RELIABLE TELEPHONE SERVICE
SHAWMUT FIRST BANK
SHUMAN R. ADAM
SMITH & REYNOLDS
SOUTH CHINA RESTAURANT
STUART PHARMACEUTICALS
STUDENT PRINCE & THE FORT
THIRD NATIONAL BANK
VISITING NURSE ASSOCIATION
WEIDNER TRAVEL BUREAU, INC.
WHEATSHEAF
YANKEE PEDLAR INN

ASSORTED CLASSIFIED ADVERTISEMENTS

ACHING FEET?

TIRED LEGS?

COMFORT FORM MOULDED SHOES. OFFERS A SENSIBLE SOLUTION, FOR BOTH DOCTOR & PATIENT. CUSTOM CASTING DONE AT OUR STORE, OR AT YOUR CONVENIENT LOCATION. CALL FOR APPOINTMENT.

PROP-R WALK SHOE

75 HAZARD AVE.
ENFIELD, CONN. 06082
(EXIT 47E OFF I-91)

(203) 745-9998

BRIAN SILVIA PROP.

Dine in Relaxed Elegance

Always a different and delicious menu to enjoy in pleasant comfort. Serving daily from eleven-thirty AM to midnight.

THE LOG CABIN

Easthampton Road, Route 141
HOLYOKE
536-7700

EAST LONGMEADOW NURSING HOME

Ultra modern, resortlike, convalescent and nursing home overlooking Franconia Golf Course.

Fine staff of registered nurses, 24 hours on duty.

Most generous amounts of interior and exterior space for that "great to be alive feeling," winter or summer.

DOCTOR!

OUR COLLECTION SERVICE IS THE *RIGHT* PRESCRIPTION FOR YOUR DELINQUENT ACCOUNTS

we have served "The Business Side of Medicine" for over thirty years

CORLISS ADJUSTMENT BUREAU, Inc.

293 Bridge Street Springfield, Mass. 01103

call our Medical Division, 739-7346

For Information or Reservations for your Business or Pleasure Trip Contact:

WEIDNER TRAVEL BUREAU, INC.

SEE US AT OUR NEW LOCATION:

131 DWIGHT STREET – GROUND FLOOR

Telephone 781-0550 SPRINGFIELD, MASS.

EMPIRIN® COMPOUND
with CODEINE

Each tablet contains: aspirin, 227 mg; phenacetin, 162 mg; and caffeine, 32 mg; plus codeine phosphate in one of the following strengths: #4—60 mg (gr 1); #3—30 mg (gr ½); #2—15 mg (gr ¼); and #1—7.5 mg (gr ⅛). (Warning—may be habit-forming). CIII

Wellcome

Burroughs Wellcome Co.
Research Triangle Park
North Carolina 27709